



## Health & Nutrition Update March 2008

Most of you are familiar with Yeshua's parable of the sower, and the basic principle that He teaches from it. Our Messiah teaches that different people will hear the Word of God and have various reactions to it. For recollection purposes, please read the following:

"Hear then the parable of the sower. When anyone **hears the word of the kingdom** and does not understand it, the evil *one* comes and snatches away what has been sown in his heart. This is the one on whom seed was sown beside the road. The one on whom seed was sown on the rocky places, this is the man who hears the word and immediately receives it with joy; yet he has no *firm* root in himself, but is *only* temporary, and when affliction or persecution arises because of the word, immediately he falls away. And the one on whom seed was sown among the thorns, this is the man who hears the word, and the worry of the world and the deceitfulness of wealth choke the word, and it becomes unfruitful. **And the one on whom seed was sown on the good soil, this is the man who hears the word and understands it; who indeed bears fruit and brings forth, some a hundredfold, some sixty, and some thirty.**' Yeshua presented another parable to them, saying, 'The kingdom of heaven may be compared to a man who sowed good seed in his field. But while his men were sleeping, his enemy came and sowed tares among the wheat, and went away. But when the wheat sprouted and bore grain, then the tares became evident also. The slaves of the landowner came and said to him, "Sir, did you not sow good seed in your field? How then does it have tares?" And he said to them, "An enemy has done this!" The slaves said to him, "Do you want us, then, to go and gather them up?" But he said, "No; for while you are gathering up the tares, you may uproot the wheat with them. Allow both to grow together until the harvest; and in the time of the harvest I will say to the reapers, 'First gather up the tares and bind them in bundles to burn them up; but gather the wheat into my barn'"' (Matthew 13:18-30).

In a parallel sort of way, receiving information about health and nutrition is similar to hearing about the good news of God's Kingdom. Since last year, we have been actively sharing with people about the benefits of changing their eating habits and taking supplements, and we have actually had some of the exact responses listed in this parable! Some of our advice has fallen on rocky soil without the ability to properly root itself, thus withering when questions arise. Some has fallen among the thorns, as the worries of the world and the deceitfulness of wealth (or lack thereof) chokes any potential growth, resulting in barrenness. On the other hand, some have listened to our counsel and have begun to receive the health benefits that can be acquired by changing one's eating habits and taking the supplements we are recommending—bearing fruit on various levels mentioned above.

The testimonies of people who have been greatly helped continue to be a blessing to hear and share with you! We have many testimonies of people **getting off their prescription drugs** as their bodies have adjusted to being properly fed vitamins and minerals so that they can operate the way God designed them to function. **Blood pressure issues have been helped, weight loss or weight gain** (for those who needed it) **have been realized, hormonal imbalances have been greatly helped, energy levels have greatly improved, auto-immune issues have been addressed and helped, etc.**

Margaret's own testimony, of getting off pain medication for her joint pains, has been a tremendous relief to her. In fact, she has found out that the ibuprofen medication she was taking last year actually was working against her immune system. She was probably on her way to an auto-immune issue of her own, if she had not started changing the way she was eating and supplementing herself. It is amazing to watch the seed being cast with the above compliment of results! We have a supplement product that you can try that has a 180 day (6 month) money-back guarantee. Call us for the details.

If you have not done so already, we would like to refer you to some good seed to cast on your soil through the video presentation entitled, "Outside the Box: Understanding Glyconutrients" by Jeff Allen, accessible online at the following URL:

<http://www.virtualinformationpack.com/vip/vip.asp?InvitationCode=286226225247>

At the end of our lives, we are all going to be the sum total of all the choices we have made. Perhaps it is

your time to make a choice!  
To health, life, and wholeness,  
Mark and Margaret